



Autumn Term 2025 Newsletter No.14



Tolerance

Certificate Awards for Children's Work and Efforts. Well Done this week to:

Tolerance Award

Reception - Jay Jay
Year 1 - Mariam
Year 2 - Alex
Year 3 - Amelia
Year 4 - Arya
Year 5 - Yalda
Year 6 - Melad

Workers of the week

Reception - Liyana
Year 1 - Hunter
Year 2 - Harrison
Year 3 - Lily-Mae
Year 4 - Mahek
Year 5 - Aleem
Year 6 - Sarmad

Star Reader Award

Reception - Ruqayyah
Year 1 - Felix
Year 2 - Sonia
Year 3 - Alfie
Year 4 - Joseph
Year 5 - Rozi
Year 6 - Halima

Swimming

The children had a great time in the two weeks that we had the hired swimming pool. All KS2 children spent time in the pool improving their confidence and swimming progress. The feedback from the children was overwhelmingly positive. We feel that the daily intensive sessions given to Year 3 were more beneficial than the previous one per week sessions taken over a year. The temporary pool also allowed the Years 4, 5 & 6 children to have swimming lessons. The smaller class sessions given, compared to the previously larger classes in a public pool, allowed all KS2 children to benefit from the relatively more personal teaching. We will let you know in due course when the next swimming sessions will occur.

Christmas Diary - December 2025

- 16th Tuesday 9:30am - Nursery/Reception class Christmas Performance in class for YN/R Parents and family.
- 17th Wednesday 9:30am or 2:00pm Years 1, 2, 3 Nativity in the Hall. Parents and family of years 1 -3 welcome.
- Wednesday 17th Dec - Christmas School Dinner at lunchtime available for all children.
- 18th Thursday - party afternoon for all children. No food or drink from home needed.
- 19th Friday - Christmas Jumper Day or own clothes Day for all children.

Old School Uniform

Please will you have a look for any school uniform and PE Kit, of any size, that do not fit your children any more. We would be able to make very good use of these in school, now and in the future, for any children needing uniform including children in our school living in the Refuge. Many Thanks!

Information on activities outside school:

- Is my child too ill for school? - see NHS Illness Guidance poster below
- Funda Winter Holiday sessions - see poster below
- BwD BC Holiday Activities and Food (HAF) programme - see poster below

Diary

- Autumn 2 Half-Term ends Friday 19th December. School closed 20/12/25-04/01/26.
- Spring 1 Half Term starts (school re-opens) Monday 5th January 2026.

Attendance.

Well done to Year R who received the Attendance Award week. They had the best attendance in the school with 98.0%

Year R	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
98.0%	94.3%	96.4%	91.4%	96.8%	95.7%	93.7%

Drop Off Procedure

All children need to be dropped off on the yard and line up with their class and they will be led into school by a teacher. School lessons start at 8:45am and class doors will close at this time. After 8:45am you will need to drop off your child at the office and sign them in as late.

The Holiday Activities and Food (HAF) programme is a scheme delivered by local councils, providing healthy food and fun activities to children and young people, with free places available for those on free school meals. Please see the poster below.

There is a variety of fun activities, including sports, music, arts and other exciting opportunities to learn and develop skills like meeting new friends, alongside a nutritious meal each day.

For information on how you & your family can get involved this Winter, or to book your place please visit www.getstuckin.org.uk or call the booking team on 01254 784105 (Option 2)

Mrs C. Speakman & Mrs D. Boardman



Health A to Z (Link: www.nhs.uk/health-a-to-z/)NHS services (Link: www.nhs.uk/nhs-services/)Live Well (Link: www.nhs.uk/live-well/)

Is my child too ill for school?

It can be tricky deciding whether or not to keep your child off school, nursery or playgroup when they're unwell.

There are government guidelines for schools and nurseries about health protection and managing specific infectious diseases at GOV.UK (Link: <https://www.gov.uk/government/publications/health-protection-in-schools-and-other-childcare-facilities/chapter-9-managing-specific-infectious-diseases>). These say when children should be kept off school and when they shouldn't.

If you do keep your child at home, it's important to phone the school or nursery on the first day. Let them know that your child won't be in and give them the reason.

If your child is well enough to go to school but has an infection that could be passed on, such as a cold sore or head lice, let their teacher know.

What to do about other conditions

High temperature

If your child has a high temperature (Link: www.nhs.uk/symptoms/fever-in-children/), keep them off school until it goes away.

Feeling anxious or worried

It's normal for children to feel a little anxious sometimes. They may get a tummy ache or headache, or have problems eating or sleeping.

Avoiding school can make a child's anxiety about going to school worse. It's good to talk about any worries they may have such as bullying, friendship problems, school work or sensory problems. You can also work with the school to find ways to help them.

If your child is still struggling and it's affecting their everyday life, it might be good to talk to your GP or school nurse.

Find information and advice about how to help children with anxiety (Link: www.nhs.uk/mental-health/children-and-young-adults/advice-for-parents/anxiety-in-children/)

Coughs and colds

It's fine to send your child to school with slight cough (Link: www.nhs.uk/symptoms/cough/) or common cold (Link: www.nhs.uk/conditions/common-cold/) symptoms, such as a runny nose, sore throat or headache, as long as they're otherwise well and do not have a high temperature.

But if they have a high temperature, keep them off school until the temperature has gone.

Encourage your child to throw away any used tissues and to wash their hands regularly.

Chickenpox

If your child has chickenpox (Link: www.nhs.uk/conditions/chickenpox/), keep them off school until all the spots have crusted over.

This is usually about 5 days after the spots first appeared.

Cold sores

There's no need to keep your child off school if they have a cold sore (Link: www.nhs.uk/conditions/cold-sores/).

Encourage them not to touch the blister or kiss anyone while they have the cold sore, or to share things like cups and towels.

Conjunctivitis

You don't need to keep your child away from school if they have conjunctivitis (Link: www.nhs.uk/conditions/conjunctivitis/), unless they are feeling very unwell.

Do get advice from your pharmacist. Encourage your child not to rub their eyes and to wash their hands regularly.

COVID-19

If your child has mild symptoms, such as a runny nose, sore throat, or slight cough, and feels well enough, they can go to school.

Your child should try to stay at home and avoid contact with other people if they have symptoms of COVID-19 (Link: www.nhs.uk/conditions/covid-19/covid-19-symptoms-and-what-to-do/) and they either:

- have a high temperature
- do not feel well enough to go to school or do their normal activities

What to do if your child has tested positive

Your child is no longer required to do a COVID-19 rapid lateral flow test if they have symptoms. But if your child has tested positive for COVID-19, they should try to stay at home and avoid contact with other people for 3 days after the day they took the test.

Ear infection

If your child has an ear infection (Link: www.nhs.uk/conditions/ear-infections/) and a high temperature or severe earache, keep them off school until they're feeling better or their high temperature goes away.

Hand, foot and mouth disease

If your child has hand, foot and mouth disease (Link: www.nhs.uk/conditions/hand-foot-mouth-disease/) but seems well enough to go to school, there's no need to keep them off.

Encourage your child to throw away any used tissues straight away and to wash their hands regularly.

Head lice and nits

There's no need to keep your child off school if they have head lice.

You can treat head lice and nits (Link: www.nhs.uk/conditions/head-lice-and-nits/) without seeing a GP.

Impetigo

If your child has impetigo (Link: www.nhs.uk/conditions/impetigo/), they'll need treatment from a pharmacist or GP, often with antibiotics.

Keep them off school until all the sores have crusted over and healed, or for 48 hours after they start antibiotic treatment.

Encourage your child to wash their hands regularly and not to share things like towels and cups with other children at school.

Measles

If your child has measles (Link: www.nhs.uk/conditions/measles/), they'll need to see a GP. Call the GP surgery before you go in, as measles can spread to others easily.

Keep your child off school for at least 4 days from when the rash first appears.

They should also avoid close contact with babies and anyone who is pregnant or has a weakened immune system.

Ringworm

If your child has ringworm (Link: www.nhs.uk/conditions/ringworm/), see your pharmacist unless it's on their scalp, in which case you should see a GP.

It's fine for your child to go to school once they have started treatment.

Scarlet fever

If your child has scarlet fever (Link: www.nhs.uk/conditions/scarlet-fever/), they'll need treatment with antibiotics from a GP. Otherwise they'll be infectious for 2 to 3 weeks.

Your child can go back to school 24 hours after starting antibiotics.

Slapped cheek syndrome (fifth disease)

You don't need to keep your child off school if they have slapped cheek syndrome (Link: www.nhs.uk/conditions/slapped-cheek-syndrome/) because, once the rash appears, they're no longer infectious.

But let the school or teacher know if you think your child has slapped cheek syndrome.

Sore throat

You can still send your child to school if they have a sore throat (Link: www.nhs.uk/symptoms/sore-throat/). But if they also have a high temperature, they should stay at home until it goes away.

A sore throat and a high temperature can be symptoms of tonsillitis (Link: www.nhs.uk/conditions/tonsillitis/).

Threadworms

You don't need to keep your child off school if they have threadworms (Link: www.nhs.uk/conditions/threadworms/).

Speak to your pharmacist, who can recommend a treatment.

Vomiting and diarrhoea

Children with diarrhoea or vomiting (Link: www.nhs.uk/symptoms/diarrhoea-and-vomiting/) should stay away from school until they have not been sick or had diarrhoea for at least 2 days (48 hours).

Page last reviewed: 5 April 2024

Next review due: 5 April 2027

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(Link: https://feedback.digital.nhs.uk/jfe/form/SV_292c2gNLG5er5pc)



WINTER HOLIDAY CAMPS



HAF PLACES
Select Venues

**GIANT
INFLATABLES**

**BREAKOUT
ACTIVITIES**

**GIANT MEDALS
& REWARDS**

AGES 4-12

**SECURE SIGN
IN/OUT**

**FESTIVE
THEME DAYS**

**MULTI
SPORTS**

📅 WHEN 📅

29th - 31st December 2025 & 2nd January 2026

📍 WHERE 📍

AT A VENUE NEAR YOU



BOOK HOLIDAY CAMPS

Book Holiday Camps Online and see
your child flourish with FUNDA!

01282 525 200

FUNDActive.com/holidaycamps





Winter

The Holiday Activities and Food (HAF) programme is a scheme funded by the Government and delivered by local councils, providing healthy food and fun activities to children and young people, with free places available for those on free school meals.

Sessions will include a variety of fun activities, including sports, music, arts and other exciting opportunities to learn and develop skills like meeting new friends, alongside a nutritious meal each day.

For information on how you and your family can get involved this Winter, please visit www.getstuckin.org.uk or call the booking team on 01254 784105 and quote your FSM code.

**FREE PLACES AVAILABLE FOR THOSE
ELIGIBLE FOR FREE SCHOOL MEALS &
VULNERABLE FAMILIES INCLUDING SEND**

YOUR FSM CODE IS:

Ring School for
code

St Albans Rc Primary (Blackburn)

TO FIND OUT MORE:

01254 784105

WWW.GETSTUCKIN.ORG.UK

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